



# IMA TELlichERRY NEWS LETTER – FEBRUARY 2019

## **ORGANIZATIONAL ACTIVITIES**

### **6.2.19: Executive Meeting**

Executive committee was held at IMA hall on 06.02.19. President welcomed the gathering. 30 members attended the meeting.



### **17.02.2019: State Working Committee Meeting.**

Dr. Babu Raveendran T N (Past National Vice President IMA KSB) expressed his condolences on the sad demise of Dr.Venugopal K. He opined that it is a huge loss for IMA KSB, Dr.Johnny Sebastian (Secretary, IMA Thalassery), Dr.Rajeevan V K (Treasurer, Pension Scheme, IMA KSB) attended the SWC Meeting at Periyar House, Aluva.



### **27.02.2019: General Body Meeting**

The General Body Meeting was held on 27.02.2019 at IMA Hall Thalassery at 8.00 pm. Dr. Rajeev Nambiar presided over the meeting. 61 members attended the meeting.



## **ACADEMIC ACTIVITIES**

27.02.2019: IMA Thalassery conducted talks on **CLINICAL ESTABLISHMENT ACT** by Dr. Babu Raveendran.T.N, Past National Vice President IMA, and **SOCIAL SECURITY SCHEME** by Dr.Joseph Benaven, Chairman, Social Security Scheme II.



## ORATION

### 20.02.2019: Dr. Albert Kallat Memorial Oration

Dr. Albert Kallat Memorial Oration was delivered on 20<sup>th</sup> February 2019 at IMA Hall. Dr. Vijish Venugopal, Prof.HOD Anaesthesiology, KMCT Medical College, Mukkam, Calicut delivered the oration. The topic was "Burnout in Anaesthesiology Practice ". Dr. Rajeev Nambiar, President IMA Thalassery welcomed the gathering and presided the function. Prior to the meeting Late Dr. Albert Kallat was remembered by Dr. Mohan Babu V O. Dr. Jayakrishnan Nambiar introduced the guest speaker. The oration was attended by 43 members including Late Dr. Albert Kallat's wife Mrs. Rejani Kallat.



## SOCIAL ACTIVITIES

### Medical Checkups & Camps

#### 03.02.2018: World Cancer Day

- As a part of observing Cancer Awareness Day IMA & WIMA Thalassery in association with Panoor panchayath, ICDS & Love India Charitable Trust, Thalassery Branch organised a geriatric health meet and medical camp at Champad. Medical Camp and Cancer Detection Camp was conducted by Dr. Rajeev Nambiar, Dr. Johnny Sebastian, Dr Jayakrishnan, Dr Nizamuddeen, Dr Nadeem abooty, WIMA members Dr Sreeja Viswan, Dr Jashma Nizamuddeen and Dr Sandhya Raveendran. There was a class on Cancer Awareness Need for Early Detection to the public was taken by Dr. Rajeev Nambiar .



## Health Education

### 3.2.19: Health Awareness Class:

IMA & WIMA Thalassery in association with Vanitha Vedi organised health awareness class for ladies at Ponniam Library. The class was conducted by Dr Seethalakshmi K V, Senior consultant Gynaecologist and was attended by more than 40 ladies.



12.02.2019; IMA & WIMA Thalassery conducted a class on sexual and reproductive health for students of Christ College Thalassery. The class was conducted by Dr Radhika Aravind (Secretary WIMA Thalassery) which was followed by a good interactive session with active participation by the students.



27.02.2019 :IMA & WIMA Thalassery conducted an Awareness class on Gynaecological Cancer for Kudumbasree workers at IMA Hall Thalassery. The class was taken by by Dr.Adarsh Dharmarajan, Gynaec Oncologist, Malabar Cancer Centre, Thalassery.



## Training Programme

22.02.2019: Basic Life Support Training at FAMILY CENTRE, Kadirur.

IMA Thalassery conducted a BLS Training for Staff of FHC, Kadirur on 22.02.2019. Dr.Sreeja Viswan conducted the training session. Total 25 members participated in the training programme.



## OBSERVATION OF IMPORTANT DAYS

### 03.02.2018: World Cancer Day

- On World Cancer Day IMA & WIMA Thalassery in association with Panoor panchayat, ICDS & Love India Charitable Trust, Thalassery Branch organised a geriatric health meet and medical camp at Champad. The program was inaugurated by panoor block panchayat president N.Anoop and was presided over by IMA president Dr Rajeev nambiar. Felicitations were offered by Block panchayat Vice President, K. Shimi, Major P Govindan, Secretary BREXA, T.M Dileep kumar, Secretary Love India Charitable Trust, Dr Johny Sebastian, Secretary IMA Thalassery. Dr Babu Raveendran, who was awarded the Best doctor title was honoured during the function.



- Medical Camp and Cancer Detection Camp was conducted by Dr. Rajeev Nambiar, Dr. Johnny Sebastian, Dr Jayakrishnan, Dr Nizamuddeen, Dr Nadeem abooty, WIMA members Dr Sreeja Viswan, Dr Jashma Nizamuddeen and Dr Sandhya Raveendran. There was a class on Cancer Awareness Need for Early Detection to the public was taken by Dr. Rajeev Nambiar.



- IMA Thalassery in association with Malabar Cancer Care Society, Kannur, conducted a **flash mob for cancer awareness** among the public by the students of Govt Girls Higher Secondary School as well as students from BEMP School on 04.02.2019 at Old Bus Stand Thalassery. The programme was well appreciated by the public and the media.



## 12.02.2019: SEXUAL AND REPRODUCTIVE HEALTH AWARENESS DAY

IMA & WIMA Thalassery conducted a class on sexual and reproductive health for students of Christ College Thalassery. The class was conducted by Dr Radhika Aravind (Secretary WIMA Thalassery) which was followed by a good interactive session with active participation by the students.



## SPECIAL PROJECTS OF THE BRANCH

**IMA Pain & Palliative Care Society  
& Pain Clinic at Govt. General  
Hospital Thalassery**

*IMA TELlicherry NEWS LETTER FEBRUARY 2019*

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

## **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

## Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

## MISCELLANEOUS

### Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2200 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various

medical camps & during functions conducted by IMA Thalassery.

### Association with other Organisations

03.02.2019: IDA Thalassery Installation ceremony was conducted at IDA Hall,Thalassery on 03.02.2019.Dr.Johny Sebastian(Secretary,IMA Thalassery) offered on the occasion.

03.02.2019:As a part of observing cancer awareness day IMA & WIMA Thalassery in association with Panoor panchayat, ICDS & Tly Love India Charitable Trust organised a geriatric health meet and medical camp at Champad.

3.2.2019: IMA& WIMA, Thalassery in association with Malabar Cancer Care Society, Kannur, conducted a **flash mob themed on cancer awareness** by students of Govt Girls Higher Secondary School and BEMP School,Thalassery.

**3.2.19: Health Awareness Class:**IMA & WIMA Thalassery in association with Vanitha Vedi organised a health awareness class for ladies at Ponniam Library.

### PUBLIC RELATIONS & SOCIAL INVOLVMENT

03.02.2019:As a part of observing cancer awareness day IMA & WIMA Thalassery in association with Panoor panchayat ICDS & Love India Charitable Trust,Thalassery organised a geriatric health meet and medical camp at Champad.

3.2.2019: IMA& WIMA, Thalassery in association with Malabar Cancer Care Society, Kannur, conducted a **flash mob themed cancer awareness** by students at Govt Girls Higher Secondary School.

27.02.2019: IRPC Thalassery Zonal Committee conducted a Cancer Follow up Camp at Thalassery Co-operative Rural Bank,Auditorium,Thalassery.Dr.Rajeev Nambiar(IMA President) inaugurated the Camp.